

# The Holy Mass

**Order of the mass - How to answer the priest.  
When to stand, seat and kneel.**

Note: Some parts may vary according to different dates and types of masses being said, however this is the normal format of the mass.

## Entrance Procession

People stand up, the priest goes to the Altar.  
Entrance hymn may be sung.

**(All stand up)**

### Greeting

**(Priest)** In the name of the Father, and of the Son and of the Holy Spirit

**(Congregation)** Amen.

The Grace and Peace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

**And also with you.**

## Penitential Act

My brothers and sisters, to prepare ourselves to celebrate the Sacred Mysteries, let us call to mind our sins:

**I confess to Almighty God, and to you my brothers and sisters that I have sinned through my own fault in my thoughts and in my words, in what I have done, and in what I have failed to do; and I ask the Blessed Mary, ever Virgin, all the angels and saints, and you here present, to pray for me to the Lord our God.**

May Almighty God have Mercy on us, forgive us our sins and bring us to everlasting life.

**Amen.**

Or:

Lord have mercy  
Christ have mercy  
Lord have mercy

**Lord have mercy.  
Christ have mercy.  
Lord have mercy.**

## The Gloria

(Hymn of Praise. It may be said or sung )

**Glory to God in the Highest,  
and Peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your Glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the  
Father,  
receive our prayer.  
for you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

Opening prayer

**Amen. (All seat down)**

## Liturgy of the Word

### First reading

Reader: This is the Word of the Lord

**Thanks be to God.**

### Second reading

Reader: This is the Word of the Lord

**Thanks be to God.**

Gospel acclamation **(All stand)**

## Gospel

V. The Lord be with you.

**R. And also with you.**

V. A reading from the holy gospel according to...

**R. Glory to you, Lord.**

V. This is the gospel of the Lord.

**R. Praise to you, Lord Jesus Christ**  
Homily

## **Profession of Faith**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten not made,  
of one Being with the Father.  
Through him all things were made.  
For us men and for our salvation  
He came down from Heaven (**all bow**)  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under  
Pontious Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven and is seated  
at the right hand of the Father.  
he will come again in Glory to judge  
the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son  
He is worshipped and glorified.  
He has spoken through the prophets.  
We believe in one Holy, Catholic and  
Apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

## **General Intercessions**

At the end of each one:  
Lord hear us

**Lord, hear our prayer.**

## **Liturgy of the Eucharist**

Blessed are you, Lord, God of all creation.  
Through your goodness we have this bread to  
offer, which earth has given and human hands  
have made.  
It will become for us the bread of life.

**Blessed be God forever.**

By the mystery of this water and wine may we  
come to share in the divinity of Christ, who  
humbled himself to share in our humanity.  
Blessed are you, Lord, God of all creation.  
Through your goodness we have this wine to  
offer, fruit of the vine and work of human hands.

It will become our spiritual drink.

**Blessed be God forever.**

(Quiet prayer) Lord God, we ask you to receive  
us and be pleased with the sacrifice we offer you  
with humble and contrite hearts.

### **Washing of the hands**

Lord wash away my iniquities, cleanse me from  
my sins.

### **Invitation to pray**

Pray, brethren, that our sacrifice may be  
acceptable to God, the almighty Father.

**May the Lord accept the sacrifice at your  
hands, for the praise and glory of his name,  
for our good, and the good of all his Church.  
(All stand up)**

### **Prayer over the gifts**

According to the proper of the Mass

**Amen.**

## The Eucharistic Prayer

The Lord be with you  
**And also with you.**

Lift up your hearts  
**We lift them up to the Lord.**

Let us give thanks to the Lord, our God  
**It is right to give him thanks and praise.**

### Preface

At the end all sing or say  
**Holy, holy, holy Lord, God of power and  
might, heaven and earth are full of your  
Glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the  
Lord.  
Hosanna in the highest.**

### **(All kneel down in adoration)**

**For acceptance of the offering:**  
Father, accept this offering from your whole  
family. Grant us your peace in this life, save us  
from final damnation, and count us among those  
you have chosen.

Through Christ our Lord

**Amen.**

### The Consecration: The Lord's Supper

The day before he suffered, he took bread in his  
sacred hands, and looking up to heaven, to you,  
his almighty Father, he gave you thanks and  
praise.  
He broke the bread, gave it to his disciples and  
said:

**Take this, all of you, and eat it:  
this is my body which will be given up  
for you.**

When supper was ended, he took the cup. Again  
he gave the cup to his disciples, and said:

**Take this, all of you, and drink from it:  
this is the cup of my blood,  
the blood of the new and everlasting  
covenant.**

**It will be shed for you and for all men**

**so that sins may be forgiven.  
Do this in memory of me.**

Let us proclaim the mystery of faith:

1. **Christ has died, Christ is risen,  
Christ will come again.**
2. **Dying you destroyed our death,  
rising you restored our life.  
Lord Jesus, come in Glory.**
3. **When we eat this bread and drink this  
cup, we proclaim your death, Lord  
Jesus, until you come in Glory.**
4. **Lord, by your cross and resurrection  
you have set us free.  
You are the Savior of the world.**

**Memorial of the Paschal Mystery and offering**  
Father, we celebrate the memory of Christ, your  
son. We, your people and your ministers, recall  
his passion, his resurrection from the dead, and  
his ascension into glory; and from the many gifts  
you have given us we offer to you, God of Glory  
and majesty, this holy and perfect sacrifice the  
bread of life and the cup of eternal salvation.  
Look with favor on these offerings and accept  
them as once you accepted the gifts of your  
servant Abel, the sacrifice of Abraham, our  
father in faith, and the bread and wine offered  
by your priest Melchisedech.  
Almighty God, we pray that your angel may take  
this sacrifice to your altar in heaven. Then as we  
receive from this altar the sacred body and blood  
of your Son, let us be filled with every grace and  
blessing.

Through Christ our Lord.

**Amen.**

### Final doxology

Through him, with him, in him,  
in the unity of the Holy Spirit,  
all glory and honor is yours  
Almighty Father,  
forever and ever.

**Amen. (All stand up)**

## Rite of Communion

Let us pray with confidence to the Father in the word our Savior gave us:

**Our Father, who art in heaven,  
hallowed be thy name;  
Thy kingdom come:  
Thy Will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses as we forgive  
those who trespass against us; and lead us  
not into temptation,  
but deliver us from evil. Amen.**

Deliver us, Lord, from every evil, and grant us peace in our day.  
In your mercy keep us free from sin and protect us from all anxiety as we wait in joyful hope for the coming of our Savior, Jesus Christ.

**For the Kingdom, the power, and the glory  
are yours, now and forever.**

Lord Jesus Christ, you said to your apostles:  
I leave you peace, my peace I give you.  
Look not on our sins, but on the faith of your Church, and grant us the peace and unity of your kingdom where you live for ever and ever.

**Amen.**

The peace of the Lord be with you always.

**And also with you.**

Let us offer each other the sign of peace.

.....

**Lamb of God, you take away the sins of the world: have mercy on us.  
Lamb of God, you take away the sins of the world: have mercy on us.  
Lamb of God, you take away the sins of the world: grant us peace.  
(All kneel down)**

May the mingling of the body and blood of our Lord Jesus Christ, bring eternal life to us who receive it. Lord Jesus Christ, with faith in your love and mercy, I eat your body and drink your

blood. let it not bring me condemnation, but health in mind and body.

## Holy Communion

This is the Lamb of God who takes away the sins of the world.

Happy are those who are called to his supper.

**Lord, I am not worthy to receive you, but  
only say the word and I shall be healed.**

**People receive Holy Communion**

The body of Christ

**Amen.**

The blood of Christ

**Amen.**

**After Holy Communion**

Let us pray

**(All stand up)**

Prayer after communion

**Amen.**

## Concluding rite

Announcements and final blessing

The Lord be with you

**And also with you.**

May almighty God bless you,  
The Father, and the Son, and the Holy Spirit.

**Amen.**

The Mass is ended, go in peace to love and serve the Lord.

**Thanks be to God.**